

# Asthma Assessment

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## Symptoms

- Wheezing
- Cough (describe)
- Shortness of Breath
- Chest Tightness
- Activity Intolerance

## Symptom Frequency

- Daytime
- Nighttime (sleep disruption?)
- School Absence

## Triggers

- Infection
- Exercise
- Cold Air
- Allergies
- Irritants

## Therapy

- Bronchodilator ( helpful?, how often used? , how administered?)
- Oral Steroids (helpful?, how many courses? )
- Other controllers

## Work-up

- Spirometry
- Chest x-ray
- Allergy Testing

## History

- Allergic Rhinitis
- Eczema
- Prematurity of LBW
- BPD
- RSV when < 6 months
- GER
- Sinusitis

## Healthcare

- Physician calls and unscheduled office visits
- ER visits
- Admissions ( ICU?, intubation? )

## Family History

- Asthma
- Allergic Rhinitis
- Eczema

## Exposures

- Smoke
- Pets
- Molds
- Housing
- Daycare

## Immunizations

- Flu
- Routine